

Diamond Heart Energy Activations
STEP 8: DNA Essential Program Downloads

Self Maintenance, Filtration and Protection

AFFIRMATION:

I AM a Being of Violet Fire

I AM the Purity God Desires

ESSENTIAL PROGRAM #8 DESCRIPTION:

Lucky we are, where, when and how, that Grace has a place and a hope for us, that we may unfold the greatest good and support a world of grand design, not of our own making but divine and celestial. To begin to give birth to one's noble self and **"observe that transformation"**, while taking note of the protection that, but not for its presence, planets would collide and the whole galaxy tumble into ruin. This is the beginning of Peace. The end result of the cultivation of power and protection must be peace, and peace for everyone!

We have been told that even the corrupted atom can never surrender—except for the smallest aspect—to shadow and corruption, and that the center is always the uncorrupted liquid light of the One substance, and golden. Time and space can lend a mark but they cannot leave it. And Lucifer himself will be shown the door when the polarity game is complete. But right now we are in the middle of it.

We need to have in place a shield that will work at the deepest levels and in the dark. We need to have established in our interior a smooth running forgiveness mechanism, an auto-pilot of welcoming compassion, a gear shift that reverses negativity and gauges that measure the toxicity of place or situation and makes all the necessary adjustments of speed and direction, at the speed of light and the direction of right action, awareness and intention.

This Essential Program download brings this shining and redefining mechanism. It is the mind of the Buddha and the heart of the living Christ. It is a place in us where bad dreams go to die. It is the knowledge in us that watches as one's personal illusions go to the sacred fire. It is the ring of power and the emerald shield of protection. It is the courage that gives birth to love and the purity that unwinds the treads of fear and disillusion. It is the gift of the Violet Flame and the beginning of the dispensation of the new age that is upon many. It is a key for personal integrity and the way to live in the presence of Unconditional love. This is the gift and responsibility.

Now as we re-cap our phases of activation we invoke these Essential programs. First, we

aligned the trinity. Second, we activated the heart and the three-fold flame of Love, Wisdom and Power. Third, we expanded our communication network by expanding consciousness and making a determination that we are (can be) guided by the inner plane master teachers and angels. Fourth, we activated the program and DNA sequence for Co-Creation and Creativity. The Fifth program and activation focused our Personal Covenants and the Divine Plan and in the sixth phase we became more integrated with levels of consciousness. Now at the seventh phase we enter into smooth running, effortless adjusting and more masterful action and responses. The number 8 is the symbol of eternity. We can launch into a reaction-based reality or reach for the golden essence of our immortality now in this moment. It is just a choice.



AFFIRMATIONS

I AM a Being of Violet Fire

I AM the purity God desires.

(I alternate these and weave them into those below)

I AM a Violet flame of unconditional love.

I AM a Violet flame of transforming light.

I AM enveloped in a force field of infinite protection, which prevents anything that is not of the light from distracting me.

I AM the Beloved I AM Presence invoking the full power of the Violet flame to transmute cause, core, effect, record, and memory of all mis-qualified energy.

I AM directing a bundle of energy to spiral through all body levels, at all frequencies, at all dimensions, in all incarnations, in all realities, in all time frames to clear a path to unconditional love for all life.

I AM invoking a rainbow bridge of color and healing for my seven chakras and receiving this energy now.

I AM invoking the balance and harmony of the five elements of Fire, Water, Air, Earth and Etheric as protection and extension from subtle body to more subtle and spiritual until I AM whole, ascended and Free.

I AM calling upon the Blue sword of Michael the Archangel and his legions of light to cut me free, cut me free, cut me free.

MEDITATION

What follows here is the I AM meditation on track two of the CD activations.

Meditations on the Virtue's of the Diamond Heart—#8

Self Awareness

Self Maintenance, Filtration and Protection

Affirmation: *I AM a Being of Violet Fire*

Our synthesis of Maintenance, Filtration and Protection brings us to the appreciation of Self-Awareness. Emphasis on the Self here is a pivotal aspect of Being. Most beings are unaware of the vital energies often lost because of the Cords, Attachments, Intrusions of questionable psychic forces, Chakra imbalances, Programs, Trauma Imprints, Spiritual Issues, Cellular memory, Curses, Contracts, Past Life Vows, such as Poverty, Chastity and Obedience and of other Soul Programs. A psychologist visiting my practice was informed that some one had made a curse that was affecting her life. She responded that she knew exactly who it was. We cleared it. Another client was deeply drained by attending to a dying relative who had corded her. She was hospitalized with nothing wrong with her. Sadly I knew a young women who died of cancer in her twenties. She worked in a cancer facility. She had no business being there, period. I was corded by a bodywork client and had back pain for at least 12 hours following the release.

When people and systems break down it is easy to see the contributing factors, sometimes. When people and systems run in harmony and balance it may require a leap of faith to accept the good favor. John Travolta said if Marilyn Monroe practiced Scientology she would be alive today, who knows. I know that Jerry Seinfeld practices Transcendental Meditation and I never read about him driving one of his BMW's up a tree high on cocaine and alcohol; he meditates twice a day. I meditate. I Clear. I use the Violet Flame, And you can too. Let's try this together.

Take a breath and Relax a moment

Beloved Mighty I AM Presence "Great Hosts of Ascended Masters, Mighty Legions of Light, Great Angelic Host, Great Cosmic beings and Great Cosmic Light, And All who govern the activities of the sacred Fire to this Earth

Come, Come, Come in your Visible Tangible Ascended Master Bodies, Raise your Cosmic Blue Swords of Blue Flame of a Thousand Suns from the Great Central Sun, that transcends every human concept, quality or condition,

And establish the Cosmic Sword of Blue Flame, the Spinning Violet Consuming Flame, and a Tornado of Blue Lightening of Divine Love from the Great Central Sun In Through and Around Us; and to every place, condition and thing associated with Us in any way and Keep it in Constant Action, Annihilate, Annihilate, Annihilate all that is not of the Light in One Mighty Stroke! Send All these shadows back to the Light for redefining, realigning, re-inspiring before these energies move out in any way again.

Release Cause, Effect, Record and Memory to energize our Victory

To the Glory of the One and ALL

Take another breath

Let Go

A Short Poem

The blueprint for a Flower of a Thousand Petals

Sits upon your head

Remember to care for this.

If weeds or tumble should banter here and around

Be sure to uproot all of this.

Your heart know the secrets that make a flower bloom

Listen to this silence at these morning dawns

When faint lights born upon a sky so new

Messages of light will stream into you.

Before the a busy wandering day a moments reflection

The dreams that boldly guide your humble way.

Invite a warm recollection

For hidden well springs in and of the Soul

Are not obtained in the market place

And many a man's journey has torn him from home

When easy enough he might have passed on it.

Know in this silence what most folks will not ever dare

Be glad that you have had time

to become Self Aware

Am I speaking to you and are you listening

Pass beyond the Time and Mind of meaningless things

Into a Star lighted Wind Speeds resound

I AM and I Know just where I AM to go and exactly

just where I AM bound

If still only a hint of this.

Consciousness becomes itself

At the simple cost of Presence

Nothing bounds me to become

I AM free in all of my wanderings

To dare to see my creations

of silk of satin of stone and bone

Self Awareness becomes me.

SELF Awareness is the meditation and Virtue is the result of a Diamond Heart.