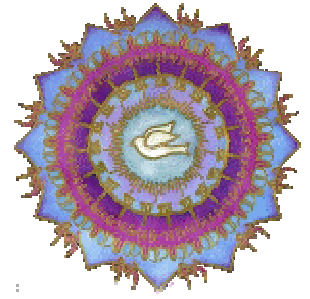


LifeSeedCodes



Benefits of LifeSeed

Not all of the following benefits will be recognized or received by each and every client, however, most will be experienced through the course of two to four weeks after the client's initial session. The benefits sheet is a tool with which to assess your progress and what is being addressed by the energy work.

Spiritual Benefits

- Elimination of deep rooted fear, phobias, worry and depression
- Broadened point of view of life
- Improved sense of compassion and self love
- Greater sense of purpose and destiny
- Stronger belief in oneself and God
- Greater ability to express true beliefs without apology
- Improved perspective with regard to relationships
- More stable feelings of security with regard to self
- Greater openness in self expression and communication
- Greater ability to stay serene and calm in stressful situations

Emotional / Psychological Benefits

- Purging of held-back emotions that contribute to inner tension
- Improved interaction with others
- Reinforced emotional security and stability
- Improved emotional openness and accessibility
- Improves sexual identity and openness
- Closer relationships and bonding
- Heightened awareness of self and personal needs
- Improved foresight
- Improved tolerance of others
- Lessening of psycho-somatic conditions

Physical Benefits

- Releasing of toxins from the body
- Improved energy flow within the Immune System

- Improved lymphatic operations through more efficient Chi flow
- Enhanced energy flow between magnetic field and the meridians
- Elimination of energetic imbalances and distortion
- Improved stamina in energy-related disorders
- Enhanced body awareness
- Enhanced glandular and hormonal functioning
- Relief from chronic and/or acute stress, pain and tension