

# Diamond Heart Energy

## 12 DNA Activations



*DNA Activation* is a term developed by modern healers, energy workers and quantum wellness facilitators to describe process that focus on up-grading, up-lifting and up-regulating the energy holding or working capacity within the human energy field. A simple example of a light bulb will be sufficient to appreciate that a 220-watt bulb will offer more illumination than a 20-watt bulb. What is exposed in this illumination is the tremendous range and capacity of the human being that is in the latent state.

The use of mechanisms and tools such as invocations, focused intent, breath, visualization, causal body etheric body downloads, and sound vibrational healing result in the raising of atomic electro-magnetic energy that affect chakras, subtle energy, meridians and brain/body balance. This will result in higher levels of performance in all human endeavors.

The Diamond Heart Energy Activations were synthesized and developed by Brian Roberts but not without many years of study, meditation and apprenticeship with New Age



or modern initiates, quantum healers and spiritual masters. The series of 12 sessions—generally 90 minutes in length—forms the foundation for the work and will be listed below. Although it is best to be in the company of a facilitator, long distance work is also available! One to two week intervals between sessions is optimal and, as with all progress of a human nature, focus, commitment and dedication play a role as well.

Invocations are mental/emotional statements that we offer up to the super conscious mind or higher self to activate or facilitate a flow of energy/information that transcends limitations and renders the often impossible possible. They are quantum mental/verbal instruments of peace, power and precision.



## Session Template

The template for the work/session will follow with a description of the First Step, the Invocations and general concepts for review. This presentation, along with a one page document on *What Diamond Heart Energy Activations are NOT*, will give a full definition of the focus, language, and intention and general flow of a session.



## The Affirmations

The following affirmations define the intent and character of each of the sessions. The energy for each session is a Causal/Etheric energy template that activates the individuals requesting the activation. It is in essence a baptism of Sacred Fire from the octave of love, the octave above. The discipline of spiritual unfolding is the directing of Intention, the receptivity of *Allowing* and the appreciation for *Grace*.

1. **BODY ELEMENTAL—BODY AWARENESS—ALIGNMENT OF THE TRINITY**—Affirmation: *I AM the resurrection and the life of my body/mind and spirit.*
2. **COMMUNICATION**—Affirmation: *I AM multi-dimensional communications.*
3. **GUIDANCE AND INTUITION**—Affirmation: *I AM being divinely guided.*
4. **CO-CREATION, TALENTS, PRODUCTIVITY**—Affirmation: *I AM a magical being of infinite creativity.*
5. **COVENANTS, PURPOSE, PLAN**—Affirmation: *I AM unfolding my covenants and unfolding the divine plan.*

6. **ORGANIZATION AND CO OPERATION**—Affirmation: *I AM re-defining, re-developing and re-directing my personal database to be in alignment with my higher self.*
7. **SYNERGY AND FLUIDITY**—Affirmation: *I AM up-regulating, up-grading automatically.*
8. **SELF-MAINTENANCE, FILTRATION- PROTECTION**—Affirmation: *I Am a being of violet fire.*
9. **GROUNDING IN AWARENESS**—Affirmation: *I AM the balance and harmony God desires on Earth right now.*
10. **PEACE, POWER AND PROSPERITY**—Affirmation: *I AM manifesting all that I need, want and desire.*
11. **I DREAM WITH AWARENESS AND RECALL**—Affirmation: *I AM awake in life, my dreams I recall.*
12. **THE RETURNING POINT, THE OCTAVE, ANGEL EYES**—Affirmation: *I AM accessing my gifts developed in the past.*

A more complete explanation can be found in the Essentials section which follows.

